

ABSTRACT

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Description of Stress and Stress Coping of Young Adult Women who Suffering with Chronic Renal Failure and Doing the Hemodialysis Therapy; (Henny Wirawan, M. Hum, Psi., QIA). Undergraduate Program in Psychology, University of Tarumanagara (90 pages, R1- R3, appdx 1-8).

This study aims to describe how the stress experienced by adult women who undergo early hemodialysis therapy and the use of stress coping. The subjects were four people aged 30-40 years and were married. Subjects suffering from chronic renal failure and undergoing hemodialysis therapy. Data collection started from October 2010 through November 2010 in a hospital. The author uses interview techniques in data collection on each subject. Financial stressors, family, work, body shape changes, and friendship environmental problems experienced by each subject. Stress coping strategies of the most widely used is planning, seeking social support for emotional reasons, acceptance, and turning to religion.

Keywords: chronic renal failure, hemodialysis, stress, coping stress