

Abstract

Differences of psychological well being between elderly who choose to living in nursing home and live with they family. (Naomi Soetikno, M. Pd., Psi. &Yohanes Budiarto, S.Pd., M.Si.); Study Program of Bachelor Degree, Faculty of Psychology at Tarumanagara University. (page 1-54, P1-P5, L1-L23).

The presence of nursing home in Indonesia is still a controversy until now. Most people do not agree about the existence of nursing home. They assume that nursing home is a place to entrust the elderly because their decline in various aspects of his life. Some people who agree about precence of nursing home, they see the nursing home is a suitable place for the elderly, because in nursing home elderly can find friends to share about various things in their life. This study aimed to see the difference of psychological well being between elderly who choose to living in nursing home and live with they family. Participants in this study involve 68 people, their age more than 65 years old. There are 37 participants who lives with they family, and 31 participants who live in nursing home. This research instruments using questionnaires psychological well being. Analysis data using Independent Sample T Test, $t = 2.247$ and $p = 0.028 > 0.05$, indicated that there was no significant difference of psychological well being among the elderly who lived in nursing home and those with their family.

Key words: Elderly, Nursing Home, Psychological Well Being