

## ABSTRACT

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**Image Of *Psychological Well Being* Tionghoa Young Adulthood Women Single Life (Henny. E. Wirawan, M.Hum., Psi.); Undergraduate Programme in Psychology, Tarumanagara University (94 pages, P1-P4, L1-L10).**

Single life is life style which offer potential to made happiness, self actualization, and personal growth. Chinese woman who didn't get married will be considered as a non intact person and even will get any pressure from Chinese community. This research intent on to know the description of psychological well being of single Chinese young adulthood woman by using qualitative methods. Psychological well being as one of the mental health indicators that are used to see a mental health condition of single person. This research was conducted toward four single Chinese women ages between 39-40 years old. The results of this research showed that the formed of the subject of psychological well being by virtue of six dimension appreciable positive, only on dimension self acceptance, environment mastery, purpose in life, and dimension personal growth under investment on several subject. Four subject was influenced by cultural factor, and education. However it can be concluded that the status of being single doesn't make this four subject of psychological well being being negative thing.

Key search: *Psychological well being, Single, Chienese, Young Adulthood*