

ABSTRACT

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Overview of Self-Acceptance in Mother With Autism Child; (Roswiyani P. Zahra, M.Psi.); Undergraduate Program in Psychology, Tarumanagara University, (88 pages, R1-R3; Appdx 1-29).

Parents hope their children will grow up well, so any condition that inhibits the process of growing and developing may cause stress. Those who have children with autism will feel shocked, sad, shame, anger, and guilt with their condition. Mother will feel stress because their children display unusual behavior. If the mother receives the condition with positive self-acceptance, they can care for and try to find the right intervention for their children. This study used the theory from Anderson, Allport and Hurlock; and aims to know the self acceptance of mothers who has a child with autism. This qualitative research methods with depth interviews technique conducted on five mothers aged 30-40 years old. The results showed that mothers have a positive self-image as a patient person, able to regulate emotions by discussing with their husband, good relationship with people in their environment and they willing to accept input from others. Mothers will also be considerate about others and their impact to the child, if they're making a decision.

Keywords : Self-Acceptance, Autism, Early Adult