

## ABSTRACT

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**Description of Stress and Coping Stress of The Orphanage Caregiver Who Already Has a Family and Has Children. (Niken Widiastuti, M. Si., Psi., Dra. Ninawati, MM.) Study Program Bachelor Degree of Psychology, Tarumanagara University, 97 pages, P1-P4, L1-L14.**

Stress is one condition of life which needs adaptation. Stress can be categorized as pressure which affect someone's life with a healthy or unhealthy way, depends on the reaction of every pressing factor. Coping stress is individual effort to overcome stressors by using their inner resources or environment that consciously has done to improve themselves to be better. Orphanage caregiver is a person that take care and teach the orphan. The purpose of this research is to know the description of stress and coping stress of the orphanage caregiver who already has a family and has children. This research is being done with the interview method. Subjects of this research are five women who already has a family and has children. The research lasted for 10 months, from September 2009 to June 2010. The result shows that all of the subjects stressed in adopting children at orphanage. All of the subjects also could handle the stress by doing coping stress strategy and social support.

Keyword: stress, coping stress, and the orphanage caretaker.