

ABSTRACT

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Stress and Coping Stress on teacher who takes care of autism child. (Sesilia Monika, M. Psi & Dra. Ninawati, M. M). Undergraduate course of Psychology University of Tarumanagara (77 pages, P1-P4).

Autistic child is a child experiencing the complex development disorders involving communication, social interaction, imagination activity also limited and repetitive behavior, thus they need special education service. Teacher, person who has essential roles in order to develop autistic student's potential, is required to be able developing their potential optimally to make autistic child live independently and able to socialize with others. Dealing with autistic child, teacher needs patience, concentration, and extra power which drive the teacher get depressed. This research purposed to figure out how teacher facing their depression in educating autistic child at school. To four teachers in SLB X (School for undeveloped mental children). The study was conducted to four teachers consisting of two male teachers and two female teachers. Method used was qualitative research. Before being the subject of this research, informants get screening against invulnerability stress on some subjects. Result of the research indicates that teacher who handles autistic child experience stress. To cope with such stress, the four teachers using problem focused coping and emotion focused coping, and there is only one teacher who use maladaptive coping.

Keyword: Teacher, autistic child, stress, coping stress