

ABSTRACT

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**Description of social support for self-acceptance of single middle-age women associates on their menopause. (Roswiyani P.Zahra, M.Psi)
Undergraduate Degree Program in Psychology Tarumanagara University. (100 Pages, P1-P5, L1-L16).**

Failures on interpersonal relations, lack of social participation, and fear of having own family can make women unable to get married until they achieve mid-adult age. Such condition may cause the unmarried women experience stress. Moreover, the mid-adult women are threatened by the possibility of experiencing menopause that creates greater psychological impact of becoming unable to bear children. The women needs social support in order to reduce such impact. Attention, pleasant life surroundings, appreciation, and various kind of supports can make them accept their condition better. This research is aimed at finding the social support on self acceptance of the menopause mid-adult women. This qualitative research used depth interview on six single mid-adult women who have menopause. The results indicate that all six participants received various social supports from close family members and friends, yet they are unable to have good self acceptance. The forms of social supports include emotional support, appreciation, and information. Whereas self acceptance include realistic social and self knowledge and understanding on successful people. Interview lasted from September 11th to November 29th.

Key word: social support, self-acceptance, singlehood, single middle age, menopause.