

ABSTRACT

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Marital satisfaction and Psychological Well-Being on first wife in Polygynous marriages (Miniwaty Halim, M. Psi). Psychology bachelor degree program, Tarumanagara University (98 Pages; P1-P5; A1- A21).

Generally, there are 3 kinds of marriage, which are Monogamy, Polygyny and Polyandry. Indonesia is one of the largest Muslim countries in the world and therefore Polygyny is allowed. Marital satisfaction is one of the key factors in a marriage life, and it's influenced by many factors, such as spending time together, sharing during activities, daily communication, have children, loyalty, wealth, and sexual satisfaction. Indirectly, individual in Polygynous marriages might not spend all the time with their wife, because as a husband, they need to be fair in time management with other wives. Individual's precious experience is potential to influence their psychological well-being (Ryff, 1994). Therefore, polygynous experience is also potential to influence first wife's psychological well-being. This research is conducted in qualitative method, which included four participants. Research result shown that three participants have low marital satisfaction. In term of Psychological Well-Being, three participants are still remains high. Polygynous experience influences their Psychological negatively. Even so, their Psychological Well-Being is still remains good out of their Polygynous Marital life.

Keywords: Marital Satisfaction, Psychological Well-Being, Polygyny, Causes of Polygynous Marriage, the Impact of Polygynous Marriage, the Reason of Survive.