

ABSTRACT

Dwi Sulastina (705060054)

Stress and Coping Stress of Mother Have an Adolescent with Down Syndrome; Debora Basaria, M. Psi; Undergraduate Program in Psychology, Tarumanagara University, (i-x; 92 pages; R1-R6; Apdx 1-6)

Down syndrome is an abnormality on the chromosome 21 with mental retardation and the physical impairment. The present of child with down syndrome brings big impact for the family live, mainly for the mother as closest figure to child. Adolescent with down syndrome is susceptible to disease. The application of treatment and therapy for adolscent with down syndrome can bring the better quality of life for them can extend their life. Anxiety, worry and fear of mother who have adolscent with down syndrome is greater than mothers at large, can cause pressure and make them feel stressed. Mother will attempt to overcome their stress with coping stress. This study start from March 2011 until July 2013. This study uses qualitatif research with in-depth interview in order to obtain data more depth. Result of this study is all of participant have an adolescent with down syndrome feel stress and do coping stress for overcome their feeling of stress. Two of participant more use problem-focused coping than emotional-focused coping.

Keywords: Stress, Coping Stress, and Down Syndrome