

Abstract

Krisantika Amiani (705090122)

Friend's Social Support and Self-Efficacy as Predictors of Personal Adjustment studies on University Students Who Came From Out of Town. (Study on University Students 2012 Generation in X University, Jakarta); Agustina, M.Psi & Erik Wijaya, M.Si. Program of Study S-1 Psychology, Tarumanagara University, (i-Xiii; 56 pages, R1-R4, Appdx1-Appdx33)

The aim of this research is to know friend's social support and self efficacy as predictors of personal adjustment studies on university students who came From out of town. Data retrieval is performed around the beginning of May until the end of May 2013. The study involved 200 University students 2012 generation of X University in Jakarta who came from out of town and didn't live with the parents. The Sampling was done by using non-probability sampling. Collecting data using a scale that includes psychology, friend social support scale, self-efficacy scale, and scale personal adjustment made by the investigator according to the theoretical study. Data were analyzed using the regression analysis using SPSS 16.0. The result of the analysis regression obtained $R^2 = 0,492$; $F = 95,404$ dengan $p = 0,000 < 0,05$. The result showed there is significant influence between friend's social support and self efficacy toward University students self adjustment who came from out of town. The means that self efficacy is stronger in influencing university students self adjustment who comes from out of town than friend's social support. The result of the analysis regression friend's social support with personal adjustment on university student was obtained $B = 0,271$; $t = 5,046$ dengan $p = 0,000 < 0,05$. The means that positive influence between the self-efficacy with university students personal adjustment and the hypothesis is accepted. The result of the analysis regression friend's social support with personal adjustment on university student was obtained $B = 0,564$; $t = 10,48$ dengan $p = 0,000 < 0,05$. The means that positive influence between the self-efficacy with university students personal adjustment and the hypothesis is accepted.

Keywords: friend's social support, self efficacy, and personal adjustment