

ABSTRACT

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Association between Loneliness and Self Disclosure Through Social Media in Early Adulthood (Descriptive Study in Jakarta). (Sri Tiatri, Ph.D., M.si., Psi. and Erik Wijaya, S.psi., M.si).

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In this modern age, Social media is growing and widely used to perform self-disclosure. There are some cases that show that people who feel loneliness like to make contact with other people by doing self-disclosure in social media. The purpose of this research is to know the association between loneliness and self disclosure through social media in early adulthood. This research involved 172 university student in Jakarta. This research using accidental sampling technique. The main data analysis employed pearson correlation and obtain the result $p= 0,072 < 0,05$ and $r=0,169$. This means there is an association between loneliness and self disclosure through social media. For the next study, the researchers suggested to creating a data control and review the factors that may affect the loneliness and self-disclosure, such as gender, socio-economic, and cultural.

Key words: Loneliness, self disclosure, social media, early adulthood