

ABSTRACT

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Description of Stress and Coping Stress in Early Adolescence Who Got Experience Bullying at School; Sesilia Monika, M.Psi. & Dra. Ninawati, M.M.; Undergraduate Program in Psychology, Tarumanagara University, (i-ix; 99 Pages; R1-R3; Appdx 1-9)

Bullying is some aggressive behavior that happen in purposed and it's happen repeatedly. The reason of this research is to give a description about stress and coping stress that happen to early adolescence who got bullying at school. Stress is a condition where the mental can't be able to facing the threat, physical problems, emotional and spiritual problems that sometimes can influence to their physical. Coping is an individual perception that borden or exceed their ability and because of that, an individual have to do, so they can adapt with their stressness, no matter if they succeed or not. Coping is needed by a teenagers who has a bullying experience at school to overcome their stressness. The method called in-depth interview was conducted towards five students early adolescents (aged from 11 to 13 years old) who ever got bullying at school. This study lasted for six months, started from February 2013 until June 2013. The result of this research showing that all of the five subjects was stress and that's called traumatic stress after they are got bullying. All of the subjects doing a coping too to respon the stressness that they has by acting like they are a shy people, distract their memories, watchful, like to be alone, restricting their relations with other people, quiet people, always worried to socialitation with other people, and keeping their distance.

Keywords: Stress, Coping Stress, Bullying, and Early Adolescence