

ABSTRACT

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The description of Loneliness and Coping Loneliness on the wife who experienced the sudden death of her husband; Meiske Yunitree Suparman, M. Psi; Undergraduate Program in Psychology, Tarumanagara University, (i-vi, 63 content pages, P1-P4, L1-L18)

The sudden death of a loved one is the saddest experience and can make the people who are left behind feel lonely. The purpose of this study was to describe the loneliness and coping loneliness of wives who experienced the sudden death of her husband. This study involved three middle adulthood women (aged between 40 years to 65 years) whose husband's died suddenly about three years ago and were interviewed by using in-depth interview. This study began in March 2012 until June 2012 and implemented in Jakarta and Tangerang. After research carried out is known that the cause of sudden death which is experienced by their late husband was heart attack and high blood pressure. The results showed that individuals who are at the stage of middle adulthood will feel emotional loneliness if left to die by their partner because of the individual's loss of a figure who always accompanied her suddenly. The results also showed the similarities in how subjects cope with the loneliness, which is praying and looking for friends or activities to fill the void due to left by their late husband.

Keywords: Loneliness, Coping loneliness, Sudden death