

ABSTRACT

Annisa Indira Rahma (705080123)

Impact of Psychological Well-Being on Work Engagement (Study in employees at PT. CII and PT. PAI); Dr. Rostiana, M.Si., Psi. Undergraduate Program in Psychology, Tarumanagara University, (i-xiv; 71 pages, P1-P4, L1-L56)

This research was aimed to identified the impact of psychological well-being to work engagement. The samples number determined in this research are 158 participants from PT. CII and PT. PAI employees and used convenience method sampling. As independent variable is psychological well-being and its variable dependent is work engagement. This research used validity and reliability tests, assumption test, and hypothesis test.

The result of the analysis using simple regression shows that that there is significant influence of psychological well-being to work engagement for 13,6 percents ($t=4,953$; $p= 0,000$) and 86,4 percent by the other factors outside the model. The result of the analysis using multiple regression shows that there is significant influence of environmental mastery and autonomy to work engagement.

Keyword: psychological well-being and work engagement.