

## ABSTRACT

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**Description of Coping Stress on Wife Who Have Husband With Stroke;  
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Coping Stress is an attempt to control the overload state, by way of discharge or attempt a serious effort to resolve the problems of life as well as trying to reduce and cope with stress in their lives (Santrock, 2006). This study tried to described the description of coping stress on wife who have husband with stroke. Stroke is the number one cause of disability in the world and the third cause of death in the world (Dewanto, Suwono, Riyanto, & Turana, 2009). A man in middle age who has been married then stroke is one that is bad for the lives. This disease will affect physically and psychologically for any couple, whether they are patients or accompanying stroke in this case is the wife. In-depth interviews were conducted on three women (aged 40-65 years) who had a husband with stroke. The results of this study indicate that coping stress forms used by the three subjects are *direct action, self control, seeking social support, accepting responsibility, and acceptance.*

Keywords: *Coping Stress, wife, Stroke, Husband*