

ABSTRACT

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Relationship between Body Image with Self-Acceptance in Disability Adolescents; Riana Sahrani, M.Si., Psi. & Debora Basaria, M.Psi.;
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The purpose of this study was to determine the relationship of body image with self-acceptance in disabled adolescents (physically handicapped). Body image is one way to define themselves individually, and how individuals assess and acknowledge his presence in the community. Self-acceptance is one aspect of an individual in accepting themselves despite the weaknesses or deficiencies. The subjects used were physically disabled adolescents aged 11 to 24 years old and unmarried. The study subjects were 38 people (N=38). Based on the data analysis, that has found the dimensions of body image that have a significant relationship with self-acceptance. The dimensions of body image that correlated with self-acceptance is health orientation ($r= 0.363$ and $p= 0.025<0.05$), body area satisfaction ($r= 0.519$ and $p= 0.001<0.05$), and overweight preoccupation ($r= -0.393$ and $p= 0.015<0.05$). This suggests that there are two significant positive relationship and a significant negative relationship between body image and self-acceptance. In positive relationships, when the subject's body image is high then the self-acceptance is also high, and reversely. Whereas the negative relationship, when the subject's body image is low then self-acceptance will be high, and reversely.

Keywords: Body Image, Self-Acceptance, and Disabled Adolescents.