

ABSTRACT

Widya Christina Damayanti (705090154)

Psychological Capital and Work Stress on Traffic Policeman; Dr. Fransisca Iriani, R. D., M. Si.

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Policeman is a public service member in order and safety. On duty, traffic policeman heads off on field and has direct interaction with society. Those are the stressor on traffic policeman. Work stress is an individual respond towards stressor of jobs that could cause the inability to function optimally. Psychological capital is a positive psychological potential possessed by every individual that is helpful to withstand and develop from stressful environment. Psychological capital consists of self-efficacy, optimism, hope, and resiliency. Psychological capital is useful to face and overcome work stress, thus allowing a person to withstand and keep working. The purpose of this research is to figure out the significant relationship between psychological capital and work stress on traffic policeman. Total sample of this research is 350 with subject characteristics as the following: traffic policeman who works on field, age range from 20 to 40 years old as early adulthood, both men and women, have at least 5 years period of working, married, and located in Jakarta. Quota sampling method is used in collecting data since March 2013 until October 2013. The result showed there is significant correlation between psychological capital and work stress with $r = -0,329$, $p \leq 0,05$. Thus, the higher psychological capital is, then the lower it gets on work stress of traffic policeman.

Keyword: Psychological Capital, Work Stress, Traffic Policeman.