

ABSTRACT

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Preview Psychological Well Being of Unmarried Middle Adult Men; (Roswiyani, M.Psi); Program S1. Tarumanagara University Faculty of Psychology, (57 pages, P1-P4, L1-L3).

Middle adult men is hoped to fulfill their development stage which is getting married. Marriage makes them happier. If they haven't gotten married in their ages it will treat their psychological health negatively. A person's well being is signed by the existence of happy feeling, life satisfaction and no signs of depression (Ryff & Keyes, 1995). The purpose of this research is to picture psychological well being of unmarried middle adult men. Based on Ryff (1989) psychological well being is the condition of an individual who has good mental health, also attached by what he feel about his daily activities; also focused on his personal feeling of what he has experienced throughtout his life. In-depth interviews (in-depth interviews) conducted on four individual middle adult unmarried men (age 40-60 years old). The final result of this research shows that those men have negative psychological well being. All subjects have negative self acceptance, negatif relationship with others and also negative personal growth.

Keyword: Psychological well being, middle adult men, unmarried.