

ABSTRACT

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***Exploring The Link between Psychological Well-Being with Fictional narratives engagement in Early Adulthood Fiction Reader*; Sesilia Monika, M.Psi. & Dra. Ninawati, M.M.; Undergraduate Program in Psychology, Tarumanagara University, (i-xiv, 141; R1-R4; Appdx 1-60)**

Reading fictional narratives are usual activity done by everyone. The objective of reading fictional narratives often just because of seeking pleasure and reputad lower than non-fiction books. This study use sequential mixed method (QUAN/QUAL) involved 388 early adulthood fiction reader and 4 interviewee using non-probability purposive sampling. The result shows fictional narratives engagement is significantly related positively to psychological well-being. Whereas from interview, as general the result shows the effect of reading fictional narratives engagement to better psychological well-being even not in all dimensions. Conclusion from this research are fictional narratives engagement is significantly related positively to psychological well-being and fictional narratives engagement have an positive effect to interviewee's psychological well being personally.

Keywords: Fictional Narratives Engagement, Psychological Well-Being, Early Adulthood