ABSTRACT

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Coping Stress of Female Victims of Violence in Dating Relationship; Henny E. Wirawan, M. Hum., Psi., Psikoterapis, CGI, QIA, CRMP. Study program S-1 Psychology, University of Tarumanagara. (i-x; 94 halaman; P1-P3; L1-L11)

The purpose of this research is to describe the stress coping that is used by female victims of violence in dating relationship. Violence in dating relationship has become a common thing in modern society. According Amar and Alexy (2005), experiences of violence can change the shape of one's reality image, leaving psychological and deep emotional wound, endangering the beliefs about oneself, other people, and the world. Coping is used to deal with the stress that is experienced by the victims. The analysis of this research is based on stress coping theory by Carver, Weintraub, and Scheier (1989). This research uses in-depth interview to know the clear picture of what stress coping is used by the victims. The subjects who participated in this research are 5 persons, with the duration of dating time spans from 6 months to 5 years. Subjects are young female adults who have experienced violence in dating relationship. This research shows that every subject uses different coping from each other. The stress after ending the relationship is also different, depending to each individual.

Keywords: coping, stress, dating violence.