

ABSTRACT

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Subjective Well-Being in Late Adulthood Who Decided to Live in Nursing Home Based on Individual Decision; Henny E. Wirawan, M.Hum, Psikolog, Psikoterapis, CGA, CGI, CRMP, QIA; Program Studi S-1 psikologi, Universitas Tarumanagara(i-x; 54 Pages; R1-R3;Appdx1-Appdx13)

This research's aim is to describe subjective well-being in late adulthood who decided to live in nursing home based on individual decision. According to Diener, Oishi, and Lucas (2003) subjective well-being is one measure of the quality of life of an individual and of societies. Subjective well-being is important for late adulthood individuals because it can make a person has a higher evaluation of happiness and life satisfaction so they tend to be happier and more satisfied (Muba, 2009). Interviews were conducted with five adults at the age of 65 years or more. The result shows that subjective well-being is different in each subject. Only two of the five subjects who are very well-being. Other result were found in only three of the seven predictors that have the greatest influence on late adulthood's subjective well-being who decided to live in nursing home based on individual decision. Those predictors are self-esteem, social relationships, and a sense of meaning in life and purpose to life.

Keywords: Subjective Well-Being, Late adulthood