

## ABSTRACT

**Celviana (705100152)**

**Regulation Emotion in Mother of Middle Childhood with Attention Deficit Hyperactivity Disorder (ADHD); Agustina, M.Psi & Dra. Ninawati, M.M.; Undergraduate Program in Psychology, Tarumanagara University, (i-xi, 73 Pages, R-1—R2, Appdx 1—13)**

ADHD is a behavioral disorder in children which consists of three characteristics, namely impulsivity, hyperactivity and inattention. Children with ADHD often cause behavioral problems in school so that mothers have often shown a negative emotion to their children. Therefore, regulation of emotion is needed by mothers of children with ADHD, especially in middle childhood age when they start entering their school age. The purpose of this research is to determine and provide the concept of emotion regulation of a mother that has a middle childhood with ADHD. This was a descriptive qualitative research through in-depth interviews. Aggregation of data started in October to November 2014. The subjects of this research was three *adulthood* mothers who have children of middle childhood, with an age range of six to eleven years old. The results of this research is showing that three mothers have been regulate their emotions when facing with the behavior of their children with ADHD by using either same or different strategy and type of emotion regulation. Emotion regulation strategies that most frequently used by third mother is situation modification, deployment, and attentional cognitive change. Types of emotion regulation that mostly used is *acceptance, refocus on planning, positive refocusing, positive reappraisal, putting into perspective.*

Key Word: regulation of emotion, mothers of children with ADHD, ADHD, *middle childhood*