

ABSTRACT

Harsya Putri Yulistiani (705100065)

Role of Social Support to Adjustment In Adolescents Who Live At X Boarding School Tangerang; Agustina, M.Psi. & Yeni Anna Appulembang, M.A., Psi. Undergraduate Program of Psychology, Tarumanagara University, (i-xi, 47 pages, R1-R4, Appdx 1-40)

Adolescents who live in boarding school need to adjust to the environment of boarding school. Adolescents need social support from the nearest relations to adjust easily, such as parents, friends, and the environment of boarding school. The aim of this study is to understand the role of social support to adjustment in adolescents who live at boarding schools. This study applied in 110 adolescents, including boys and girls, aged 16 to 18 years old, who live at X boarding schools Tangerang. Sampling technique is using non probability sampling method. Collecting data using questionnaire to measure social support and self adjustment which is made by the researcher based on theoretical study. Data of this study analyzed with linear regression analysis using SPSS Program version 15.0. The result showed that social support has significant role to adjustment in adolescents who live at boarding schools with t score = 9.084, $P = 0.000$. These results show that the higher the social support received, the higher the adjustment in adolescents who live in boarding schools. Of the four existing dimensions, three dimensions have a role to the adjustment, there are emotional or esteem support, tangible or informational support, and companionship support. Whereas, dimension of informational support has no role to adjustment in adolescents who live at boarding schools.

Key words: Social Support, Self Adjustment, Adolescents, Boarding School