## ABSTRACT

## Annisa Ayu Primadani (705100145) Relationships between Reflection and Emotional Intelligence on Educators; Dr. Riana Sahrani, M.Si., Undergraduate Program of Psychology, Tarumanagara University, (i-xi; 63 pages, R1-R7, Appdx 1-29)

As educators, it is important for teachers and lecturers to be emotionally intelligent. Emotional intelligence can help educators to solve their problems in daily life. One way to strengthens emotional intelligence is by reflection. The aim of this study is to understand the concept of reflection and it's relationship on educators. This research is quantitative method applied to 404 teachers and lecturers. Purposive sampling method is used in this research. The result of Pearson correlation test indicated that reflection has a significant correlation on educators' emotional intelligence (r = 0.530 and p = 0.00 < 0.01). Reflection has proven to be correlated to four of the five existing dimensions of emotional intelligence. Those four dimensions are self-awareness, managing emotions, motivating oneself, and empathy skills. Whereas, reflection is not significantly correlate to handling relationships. In addition, an independent sample t-test has resulted in gender differences on emotional intelligence, in which woman teachers have significantly higher emotional intelligence than man teachers. Furthermore, there is a difference in reflection and emotional intelligence based on age. Older educators show higher reflection and emotional intelligence compared to younger educators.

Key words: Reflection, Emotional Intelligence, Teachers