

## **ABSTRACT**

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**The relationship between emotional intelligence and resilience of disabled adult; Dr. Fransisca Iriani R. Dewi, Msi. & Yeni Anna Appulembang, M.A., Psi Program studi S1 Psikologis Universitas Tarumanagara, (i-xi;63 halaman, P1-P3, L1-L35).**

Resilience is human capacity to face, overcome, and become stronger over the difficulty experienced disabled adult. Emotional intelligence may be one factor that can significantly improve the resilience that can help individuals deal with difficult situations in life. This study is a quantitative non-experimental research with correlation analysis, which aims to examine the relationship between emotional intelligence and resilience of disabled adults. Measuring instrument used is emotional intelligence questionnaire consisting of 44 items and resilience questionnaire consisting of 70 items. The subjects of the study 60 adult disabled in nursing homes X and Y, which is obtained by purposive sampling method. Based on the results of the data analysis,  $r(58) = 0.770$ ,  $p = 0.000$ , there is a positive and significant relationship between emotional intelligence and resilience of disabled adults. These results indicate if disabled adult's emotional intelligence is high, then the resilience will be high and vice versa, if the emotional intelligence disabled adults is low, it will be low resilience.

Keywords: emotional intelligence.resilience, disabled adult