

## ABSTRACT

**Jessica Angelia (705080069)**

**Personality Relationship with Mindfulness Between at the Current Students Working Thesis (Case Studies in the Faculty X of the University Y, Jakarta); Sandi Kartasasmita, M.Psi. Study Program S-1 Psychology, University of Tarumanagara (i-xv; 80 halaman, P1-P4, L1-L39)**

The purpose of this study was to determine whether there is a relationship between mindfulness with personality psychology student working on thesis at the Faculty X Y University, Jakarta. The solution of problems during finishing thesis may be influenced by personality factors, while mindfulness gives positive side also affect students in completing the thesis. This study included 63 students of psychology who are working on thesis in the Faculty X University Y and using nonprobability convenience sampling techniques. The results showed that the analysis of the relationship of mindfulness to the Big Five Personality Traits Costa and McCrae, there is a positive and significant relationship with the dimension of personality on mindfulness extraversion, conscientiousness, and openness. Highest relationship is with dimensions of extraversion, negative and significant relationship was found in neuroticism dimensions, and has no relation to the dimensions agreeableness.

*Keyword: Mindfulness, and Big Five Personality, adulthood, students*