

## ABSTRACTS

**Luciana Febriani (705070100)**

**Correlation between Mindfulness and Personality in Traditional Dancers in Bangka; Sandi Kartasasmita, M.Psi. Program S-1 study of Psychology, University Tarumanagara, (i-xv; 83 pages, P1-P3, L1-34)**

The research purpose is to identify whether there is a correlation between mindfulness and personality. Participants in this research involves 37 traditional dancers based on the top three dance studios Bangka in 2012 with a non-probability purposive sampling. The research using 12 dimension theory of mindfulness by Langer and The Big Five theory of personality by McCrae and Costa.

Based on the correlation analysis between mindfulness and big five personality among traditional dancers in Bangka, the dimension of openness, agreeableness, conscientiousness, and extraversion has the most significant correlation with mindfulness. If the dimension of openness, agreeableness, conscientiousness, and extraversion is stronger, so does the mindfulness. For the traditional dancers in Bangka, there is no significant correlation between dimension of neuroticism and mindfulness.

*Keyword : Mindfulness and Big Five Personality*