

ABSTRACT

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The influence of social support on resilience of middle adolescence (case study in high school X in West Jakarta). (Agoes Dariyo, M.Si., Psi. & Erik Wijaya, M.Si.). Bachelor degree in psychology, Tarumanagara University (i-xiii, 78 pages, R1-R3, Appdx 1-43).

Social support is an exchange of resources between one individual against another individual or a group against an individual which refers to the acceptance of a sense of comfort, care, confidence, and aid in the form of goods or services that makes middle adolescents can overcome the problems experienced with a strong and do not despair, as well as to improve the welfare of middle adolescents. Resilience is the ability to respond in a healthy and productive way, when individuals face adversity or trauma, so that an individual can manage stress well. It should also be realized that the same capabilities of resilience is essential to expand and enrich the life of someone because they needed to recover from the setback. Resilience of creating and maintaining a positive attitude of the individual (Reivich & Shatte, 2002). The study is assessed 362 middle adolescents from X's high school who are 14 -17 years old in X, XI, and XII grades. This study is using explanatory non experimental quantitative method with regression analyzing. The results from regression analyzing shows that $R^2 = 0,235$, $t = 18,202$, dan $p = 0,000$. Thus, we can conclude that there is an influence from social support on resilience of middle adolescence students from X's high school in West Jakarta.

Key word: social support, resilience, middle adolescence.