

ABSTRACT

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The Relationship between Body Image and Eating Attitude among Dancers in DKI Jakarta; Denrich Suryadi, M.Psi., Psi & Erik Wijaya, M. Si; Undergraduate Study of Psychology, Tarumanagara University (i-xii; 62 pages; R1-R7; Appdx 1-34)

In the globalization era, dancers are needed in various kind of shows, either traditional or entertainment. Therefore, dancers are required for having an ideal body. This study aims to examine the relationship between body image and eating attitude among dancers in DKI Jakarta. This study used a quantitative approach to the type of correlational research, using *The Multidimensional Body-Self Relations Questionnaire (MBSRQ)* and *Eating Attitude Test 26 (EAT-26)*. The sampling technique using convenience sampling and snowball sampling, the sample in this study totaled 92 respondents. Criteria of respondents in this study is male or female dancers in emerging adulthood (aged 17-30 years old) with high school level education. The result showed that there is a positive and significant relation between body image and eating attitude with $r(92) = 0.216$ and $p = 0.039$. Based on data analysis, the conclusion drawn from this study is there is a significant relationship between body image and eating attitude among dancers in DKI Jakarta.

Keywords: Body image, Eating attitude, Dancers