

ABSTRACT

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Gambaran Resiliensi Remaja Putri yang Ayahnya Meninggal Secara Mendadak; (Meiske Y. Suparman M.Psi., Psi.); Program Studi S-1 Psikologi, Universitas Tarumanagara, (i-x, 107 pages, P1-P7, L1-L21)

The death of the father will greatly affect especially the young women, she will experience emotional problems such as loss, sadness, loneliness. Sudden death events will be worse for a person left behind, because it happens suddenly and can be a challenge in life for young women. Thus, a teenager should be able to rise from the existing problem so as to become a resilient individual. The purpose of this study to describe the resilience of adolescence whose experienced father died suddenly. Qualitative methods were used in this study and the data were collected by interview. This study took four months, started on February 2017 until May 2017. The subjects of this study were 4 adolescence aged 18-21 whose father died suddenly. The results showed that the four subjects were able to reach a resilient individual because they had support from the social environment, self-belief, and ability to be able to act after a depressed condition. The four subjects reached the thriving level, in which the four subjects were able to get through their difficulties and make the negative emotion experience as a life challenge as well as the benefit for himself to become a better individual.

Keywords: Resilience, adolesence, suddenddeath, father