

ABSTRACT

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Forgiveness of Middle Adult Mother to Pregnancy of Young Children; Dr. Fransisca Iriani, M.Si and Denrich Suryadi, M.Psi., Psycholog .: Program of Psychology S-1, Tarumanagara University, (i-x; 75 pages; p1-p4; L1-L-13)

Mothers who face family problems because of premarital pregnancy in their teenage children, tend to feel disappointment, anger, sadness and feel like a failure as a parent. The situation if not addressed immediately can trigger stress, which can interfere with her health. One way or strategy is to forgive. Forgiveness is an act of mercy given to someone who does wrong.

The purpose of this study is to describe forgiveness in middle adult mothers who have prenuptial pregnant teenage children. This research uses qualitative method with indepth interview as data retrieval process. Five middle-adult mothers aged 40-65 years, who have teenagers aged 11-20 years, and who had experienced prenuptial pregnancies or are still undergoing pregnancies involved in this study. Duration of data retrieval conducted during March to May 2017. The results showed that the five middle adult mothers have been through the process of forgiveness. Three out of five mothers do total forgiveness, where the negative emotional disappearance of the child, then the relationship back to normal. While two other mothers including silent forgiveness, characterized by the loss of negative emotions, but not doing interpersonal deeds. Some mothers experience obstacles when they want to forgive their children, where the negative emotions are always felt by the mother.

Keywords: Forgiveness, Middle Adult Mother, Premarital Pregnancy, Adolescent