

## **ABSTRACT**

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**The *Self-Adjustment* in Adolescent Experienced Divorce Parent; Widya Risnawaty, M.Psi; course of study S-1 of Psychology, Tarumanagara University, (i-ix, 95 page, P1-P4,L1-L15)**

Divorce is the termination of a marriage relationship that can potentially stressful experienced, usually begins before the occurrence of farewell physical and continue for long periods. The divorce also includes event that can cause a major change in living a adolescents in adjusting himself. According to Wallerstein (1982) states that adolescents experience more traumatic that happened so leave a negative impact during hislife and difficult in adjusting itself,especially divorce that experienced by adolescents that occurred last a maximum of five years after being declared valid parents divorced. *Self-adjustment* is a process to face and accept the situation that cannot be controlled, so that it can adapt to the good environment. The purpose of this study is describe the picture of adjustment in adolescents who experienced parental divorce. The data techniques used in-depth interviews conducted against four adolescents, with an age range of 11-20 years. The result of this study showed that three out of four adolescents who experienced parental divorce difficult to adjust them self properly. The first subject can adapting his self well due to supporting factors of good social environment, also maintaining relations in communicating with her parents. While the second subject to fourth have in common a similar association that is negative in scope and lack of communication with parents that make themselves difficult to adjust. In general, the three subjects still difficult to accept themselves and leave negative impact for themselves or their environment.

**Keywords: divorce, *self-adjustment*, adolescents.**