

## ABSTRACT

**Fajrin Trisnaramawati (705130073)**

**Description of Quality of Life in Young Women With Systemic Lupus Erythematosus (SLE); Dr. Riana Sahrani, M. Si., Psi. And Agustina, M. Psi., Ps.i; Program of Study Undergraduate Psychology, Tarumanagara University, (i-x; 81 Pages; P1-P5; L1-L28)**

Systemic Lupus Erythematosus (SLE) is a chronic evolutionary systemic disease. One of important indicators of recovery and/or adjustment for chronic disease is quality of life. Quality of life is described through the domains of physical health, pain, planning, intimate relationship, burden to others, emotional health, body image, and fatigue (Yazdany, 2012). This study aims to obtain a description of quality of life of young women suffering from SLE. The data was collected in Jakarta and Bandung for six months through in-depth interviews of four people with SLE who had high quality of life. The research method used was qualitative with sampling technique criterion sampling. The findings of the study showed that two young women with SLE had their health conditions improved after a decline. Three young women with SLE just followed plans made by others for them, felt that their existences were not burden to others (people around them), felt confident, and had been easily distracted. All the four young women with SLE still had interest in their opposite sex and social relationships, and had positive emotions. For pain, two young women with SLE responded to pain in the same way by trying to not feel it and trying to be independent.

Keywords: Quality of Life, Systemic Lupus Erythematosus, Young Women.