

## ABSTRACT

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**Psychological Well-Being of the Wife as Caregiver from Husband Who is Stroke Sufferer; Dr. Monty P. Satiadarma, MS/AT, MCP/MFCC & Untung Subroto, M.Psi. Undergraduate Program in Psychology, Tarumanagara University, (i-ix; 87 Pages; P1-P5; Appdx 1-8)**

Stroke is a disease that affects the disruption of body function. Moreover, stroke is the leading cause of death and neurological disability in Indonesia. The impact that resulted from a stroke makes the sufferer need help from others such his or her spouse to perform daily activities. The role of the spouse who also acts as caregiver is considered to have an effect on his/her psychological well-being. Psychological well-being is a concept that related to the six dimensions, there are self-acceptance, positive relations with others, autonomy, environmental mastery, purpose in life, and personal growth. The aim of this study is to explain descriptively the psychological well-being of the wife as caregiver from husband who is stroke sufferer. This research is a qualitative research that involved four subjects. This research was held from March 2017 to May 2017. This research found that only one subject that fulfills all dimensions of psychological well-being, while the three other subjects had variation results. Overall, wife as caregiver from husband who is stroke sufferer fulfill the criteria of good autonomy and environmental mastery dimension.

*Keywords : Psychological Well-Being, Caregiver, Stroke*