

## ABSTRACT

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**Psychological Well-Being on First Wives in Polygamous Marriage; Prof. Samsunuwijati Mar'at & Widya Risnawati, M.Psi; Undergraduate Program In Psychology, Tarumanagara University, (x-i-l; 120 pages)**

The term 'polygamy' refers to a matrimonial system between a man and many women at the same time (Hirschfelder & Rahmaan, 2003). First wife is often had negative impacts from this marriage, such as negative social reaction from the society, conflict among the family when the women choose to be the second wife, conflict with the other wife, social impacts, and domestic violence (Mulia, 2004; Nurohmah, 2003). This adjustment would be more difficult if the adult has to run the 'unfamiliar' matrimonial system like polygamy. These challenge and problems that have to be faced by the other wife are a particular life experience that could affect her psychological well-being.

The researcher used qualitative methods to the four informants. The result of this research showed that these first wives are having a variations quality in their psychological well-being. These variations are influence by the demographic factors, social support, self-evaluation mechanism, personality factor, religiosity, and any other factors such as motivation to get married, understanding about the essence of polygamous marriage, and also their anticipation toward the consequence of being a first wife. This research also found that good marital adjustment affects psychological well-being condition for first wife in her adult period.

**Key Word:** Polygamy, psychological well-being, first wife