

ABSTRACT

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The aim of this research is to know the role of self-efficacy and conformity towards academic procrastination at University X in Jakarta. This study involved 415 respondents, consisting of 133 males and 282 females, using accidental sampling technique. Respondents also have such criteria: undergraduate, and late adolescence age between 18 to 20 years old. Self-efficacy is an important aspect for adolescence to prevent academic procrastination, and there are also several other external factors that can cause the academic procrastination to emerge, such as peer-group. The results of this study are divided into roles of self-efficacy towards academic procrastination with $F = -4.116$ and $p = 0.000$, and roles of conformity towards academic procrastination with $F = -1.378$ and $p = 0.169$ these results indicate that there is a significant role of self-efficacy towards academic procrastination, whereas conformity does not bear a significant role towards academic procrastination. However, the dimension of conformity, which is obedience, does have a significant role towards academic procrastinations.

Keywords: Self-efficacy, Conformity, Academic Procrastination, and ce.