

ABSTRACT

Patricia Astrid Nadia

The description of psychological well being among young adults patients with Myasthenia Gravis. (Prof. Samsunuwijati Mar'at & Untung Subroto Dharmawan). Bachelor degree in psychology, Tarumanagara University (117 pages, P1-P4).

Myasthenia Gravis (MG) is a chronic autoimmune neuromuscular disease, which characterized by weakness of the voluntary muscles of the body. No medication yet to completely cure this disease. This fact effects physically and also psychological conditions, such as anxiety, sad, and afraid. Those conditions can influence psychological well being (PWB) among patients with Myasthenia Gravis. Based on Ryff's theory, PWB can be measured through six dimensions: (a) self acceptance, (b) autonomy, (c) positive relation with others, (d) environmental mastery, (e) purpose in life, and (f) personal growth. This study aims to describe about PWB in young adults patients with MG. This research used qualitative method and open interview. The participants are 3 females and 1 male, within the age of 20-40 year old. This research was started from January to June 2016. The result showed that three participants are fullfill all the six dimensions of PWB. Only one person (male) is not fulfilling self acceptance and personal growth dimensions.

Key words: Myasthenia Gravis, psychological Well Being, young adult