Nandia Amelia (705120150)

Cognitive Distortion in Young Adulhood Begal Offender; Dr. Monty P. Satiadarma, MS/AT, MCP/MFCC and Untung Subroto, M.Psi.; Bachelor Degree in Psychology, Tarumanagara University,(i-xi; 61 pages; R1-R5; Appdx 1-11)

Begal is a robbery act where the offender ususaly hurts the victim. Crime act happen because the offender have a cognitive distortion. Cognitive distortion is a distort information processing because of twisted perception that make your emotional response abnormal (Burns, 1999). This research aims to describe cognitive distortion in young adulthood begal offender. The cognitive distortion in begal offender show as the cause or when they doing begal. The method called structured interview was conducted towards three young adult man (aged from 24 to 39 years old) who get arrest in the prison. This study lasted for three months, started from Mar 2016 until May 2016. The result shows that the begal offender cogitive distortion covers: (a) all-or-nothing thinking, (b) mental filter, (c) jumping to conclusions, (d) magnification and minimization, (e) should statements, (f) label and mislabeling, and (g) personalization.. Cognitive distortion was the cause of begal and made them to do the offense.

Keyword: cognitive distortion, begal, and young adulthood.