ABTRACT

Madadina

Coping Strategy of Young Adult Mother Who Had a Child as a Bullying Victims; (Yohanes Budiarto, S.Pd., M.Si; Widya Risnawaty, M.Psi., Psikolog, Psikoterapis.); Undergraduate Program in Psychology. Tarumanagara University. (134 pages; R1-R4; Appdx. 1-11).

Bullying is a negative action who conducted by one or more person that can inflicting a impact to the victims. Bullying not only impacting the victims but also to the parents especially mother. The purpose of this study is to illustrate the coping strategy of young adult mother who had a child as a bullying victims. Coping strategy is needed by a mother to overcome the impact that cause by bullying. This research is a qualitative research with in-depth interview. This research was held around 7 months, from March 19, 2017 to September 7, 2017. This research was conducted to a four mother with age ranges 30 to 40 years old. The result of this research obtained that four subjects using coping strategy, which is problem-focused coping and emotion-focused coping. The four subjects using problem-focused coping because one of the impact of bullying was their child did not want to go to school. The four subjects also using emotion-focused coping because they felt negative feelings about the impact of bullying.

Key words: bullying, stress, coping strategy, problem-focused coping, emotionfocused coping