ABSTRACT

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An Overview Self-Regulation Learning in Early Adolescents Who Use Instagram; Dr. Dra. Heni Mularsih, S.Psi., M.M., M.Psi. & Niken Widi Astuti, .Si., Psychologist; Study Program S-1 Psychology, Tarumanagara University. (i-xi; 58 pages; R1-R4; A

This study aims to provide an overview of self-regulation learning in early adolescents who use instagram. Self regulated learning is used to or a strategy that is prepared either consciously or not by an individual (student). Self regulated learning can be performed by students based on their behaviour, control, or physical activity as their learning process. While using Instagram is a person's behavior to communicate, seek information, recreation, and provide comfort in accessing where and anytime. This study used qualitative research methods by interviewing three early adolescents (aged 12 to 15 years) who used instagram. Sampling technique that used for this study is criterion sampling, which is choosing subject based on certain criterion. Tools to measuring is adapted from several questionnaires. The interview were held in several different area which is Jakarta and Bekasi, according to the appointments with participants. Instrument that used is recorder, guide for interview (questions for interview), blank paper, pen, flash disk, handsfree, journal, books and internet. There were three subject who were contribute for this study. The result of this study is there are an aspect of Instagram that can be used to maximize student's self regulated learning process, Not only for their entertainment but also can be used to educate them. But, it also became a factor to fail subject's self regulated learning because of their lack of motivation also failure to achve and operate their learning goals, this caused by their preference to use instagram than studying at that moment.

Keywords: self-regulated learning, early adolescence, and instagram