

ABSTRACT

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The Relationship between Social Support with Psychological Well-Being of Mothers Who Have Down Syndrome Children; Monika S.Psi., M.Psi., and Erik Wijaya S.Psi., M.Si.; Undergraduate Program in Psychology, Tarumanagara University, (i-xiii; 71 pages; P1-P8; L1-L40)

Psychological well-being is the need of all people in order to realize a high quality of life. One of the supporting factors to achieve psychological well-being is social support given by family, friends or professional experts by giving attention or assistance to improve one's ability in facing problems. This research aims to find relationship between social support and psychological well-being of the mother who had down syndrome child. This research uses a quantitative approach using a measuring tool in the form of psychological scale consisting of two parts. First part is Social Support Scale that was modified from social support components of Sarafino and Psychological Well-Being Scale that was developed by Ryff. The research included 160 mothers who had children with Down syndrome with a 1-21-year-old childhood criteria. The results showed that there was a positive correlation between social support with psychological well-being with $r = .606$ and $p = .000 < .05$. The conclusion of this research, the higher social support of mothers who have children with down syndrome is also the higher psychological well-being. In return, the lower social support of mothers who have children with down syndrome is also the lower psychological well-being.

Keywords : Social Support, Psychological Well-Being, Mother who had Down Syndrome Children.