

## ABSTRACT

**Tasya Qurata A'yun (705140026)**

**The Corellation of Self Efficacy and Self Esteem Towards Communication Apprehension During Presentation on Students; Agoes Dariyo, M.Si., Psi & Sandi Kartasasmita M.Psi., Psychotherapist., Psi). Study Program S-1 Psychology Tarumanagara University, (i-xiv, 53 pages, P1-P6, L1-L42).**

From Burgoon and Ruffner (in Sabati, 2010) communication apprehension is one of negative reaction from an individual in the form of anxiety experienced by a person when communicate. Miller (in Sabati, 2010) said the cause of communication apprehension are self-efficacy and self-esteem. Bandura (1997) defines self-efficacy as an individual belief that he is capable of doing things in a particular situation and succeeds. While Rosenberg (1995) defines self-esteem as an individual's overall assessment of himself either positive or negative. The purpose of this study is to determine the relationship between self-efficacy and self-esteem with communication apprehension focused in students doing oral presentation. This study used purposive sampling technique with total of 402 students. Result shows that self-efficacy with student communication apprehension has a significant negative relationship ( $r = -0.566$  and  $p = 0.000 < 0.05$ ). Then, on the self-esteem relationship with communication apprehension in the students also shows a significant negative relationship ( $r = -0.502$  and  $p = 0.000 < 0.05$ ). Meanwhile, result between self-efficacy and self-esteem is a significant positive relationship ( $r = 0.342$  and  $p = 0.000 < 0.05$ ). It indicates that there is a positive relation among self-efficacy and self-esteem. Hence, the higher the self-efficacy or self-esteem students have, the lower the communication apprehension felt by them during the presentations.

**Keywords: Self-Efficacy, Self-Esteem, Communication Apprehension, Students**