

ABSTRACT

Dannis

Relations coping stress and resilience among college student who's doing their thesis. (Fransisca Iriani Roesmala Dewi Dr., Dra, M.Si & Widya Risnawaty M.Psi., Psi). Bachelor of Psychology, Tarumanagara University (72 pages, R1-R5, Appdx 1-54).

Thesis preparation is a stressor for some college students. When faced with stressors, students will cope with stress to feel better. In the academic field, resilience is a form needed by students to cope with stress and anxiety in the university environment. This study aims to measure the correlation between coping stress and resilience in college students who are doing thesis. This research is a correlational study using quantitative method. This research involved 233 participants. This study uses questionnaires to measure stress, ways of coping questionnaires, and connor-davidson resilience scale. This study used the data from college students who are moderate and high stress levels. The results showed that all dimensions of coping stress had a significant positive correlation with resilience.

Key words: Stress, Coping Stress, Resilience, College students who's doing their thesis.