

ABSTRACT

Dewina Ayundita Wuryansari (705140112)

Descrptive Study of Self-Adjustment on Female Teens Who Experience Pre-Marital Pregnancy; Agoes Dariyo, M.Si., Psi. & Debora Basaria, M.Psi., Psi.; Undergraduate Program in Psychology, Tarumanagara University, (i-ix; 105 pages, P1-P3, L1-L14)

Self-Adjustment is the ability of individuals to accept themselves in order to achieve a harmonious relationship between self and the environment. This study aims to see a picture of adolescent adjustment of women who have experienced pre-marital pregnancy. The subjects involved were three girls who had experienced pre-marital pregnancy. The research method used is qualitative with criterion sampling technique. The measuring tool used is based on Haber and Runyon's adjustment theory (1984). This study lasted from April 2017 to May 2017. The results showed that the three subjects did not meet the characteristics of healthy adjustment. All three subjects satisfy only one of the five characteristics of healthy self-adjustment, having a good interpersonal relationship.

Keywords: Self-Adjustment, Female Teens, and pre-marital Pregnancy.