ABSTRACT

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The role of locus of control towards psychological well-being on young adults whose parents had divorced; Agoes Dariyo, M.Psi., and Sandy Kartasasmita,

M.Psi.; Bachelor of Psychology, Universitas Tarumanagara (ixiii, 56 pages, P1-

P8, L1-L48).

Divorce doesn't only affect the spouse but also the children of the family. Divorce

affects the psychological well-being of the child even until they have grown up. This

research aims to know the role of locus of control towards psychological well-being on

young adults whose parents had divorced. Rotter (as cited in APA, 2007) stated that

locus of control is construct used to categorized control orientation of an individual on

their condition and life situation. According to Ryff (1989) individual with good

psychological well-being are those who could meet all six dimension of psychological

well-being. Based on the research on 125 respondents, it was found that locus of

control have a significant and positive role towards psychological well-being (internal:

p < .05, t = 6.091; external p < .05, t = 5.495) which means that internal locus of control

oriented respondents showed higher score of psychological well-being. Moreover, the

locus of control had the highest impact on autonomy (dimension of psychological well-

being) (p < .05, t = 6.913).

Keywords: locus of control, psychological well-being, divorce, young adult

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