

ABSTRACT

Gabriella Rosalina (705150013)

Correlation between Internal Working Model of Attachment and Marital Satisfaction of Young Adult; (Sri Tiatri, PhD, Psikolog & Roslina Verauli, M.Psi, Psikolog); Undergraduate Program of Psychology at Universitas Tarumanagara. (ixi; 63 pages; P1-P5; L1-L28)

Marital satisfaction can be influenced by attachments that are formed at an early age and represented in adulthood, which are better known as internal working model. This research was conducted to determine the importance of marital satisfaction in married couples and knowing more about their partner. The participants of the study were 105 young adult individuals, using convenience sampling. Quantitative research methods, using a Likert scale questionnaire. Data distribution is not normal (non-parametric), so it is analyzed using the Spearman correlation method. The results of the analysis show that individuals who have secure attachments tend to be more satisfied with their marriages than individuals who have preoccupied, dismissing, and fearful attachments. In detail, the results of the study show that, (a) there is a positive relationship between secure dimension and marital satisfaction ($r_{xy} = 0.490$, $p = 0.000$), (b) a negative relationship between the preoccupied dimension and marital satisfaction ($r_{xy} = -0.603$, $p = 0.000$), (c) a negative relationship between dismissing dimension and marital satisfaction ($r_{xy} = -0.210$, $p = 0.031$), and (d) a negative relationship between fearful dimension and marital satisfaction ($r_{xy} = -0.551$, $p = 0.000$).

Keywords: *marital satisfaction, internal working model of attachment*