

ABSTRACT

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The Role of Self-Efficacy towards Future Orientation in Sophomore Students in Jakarta Barat; Niken Widi Astuti, M.Si., Psi. and Dra. Ninawati, M.M.; Bachelor of Psychology, Tarumanagara University. (i-xi, 58 pages, P1-P7, L1-L42).

In adolescence, individuals begin to pay more attention to various fields of life that will later be lived as adults, including education and career. In designing the future there is a need to belief in self, called self-efficacy. This study aimed to examine further about the role of self-efficacy towards future orientation in sophomore students. The study was conducted by correlational quantitative methods. Participants in this study are 459 sophomore students in West Jakarta, who were taken by non-probability sampling method, i.e. convenience sampling technique. The questionnaire used in this study are Self-Efficacy Scale from Research and Measurement Department Faculty of Psychology, Tarumanagara University (2015) and FutureOrientation Scale was an adaptation from Nasimah (2009). The results showed that self-efficacy had a significant role towards future orientation in sophomore students in West Jakarta at 22.3%, while the remaining 77.7% was influenced by other variables outside this study.

Keywords: self-efficacy, future orientation, student