ABSTRACT

Michelle (705150030)

The Role of Work Family Conflict Against Work Stress in Female Nurses at Hospital X; Dr. Zamralita, M. M., Psi. & Dr. Ir. Rita Markus Idulfilastri, M. Psi.,

T. Undergraduate Programme, Faculty of Psychology, Universitas Tarumanagara, Jakarta (ii-xiii; 55 pages, R1-R4, Appdx1-34)

Nurses who work and are married are very vulnerable to experiencing work stress. This is because as a woman who has a dual role, the time and role must be balanced between work and family, if it cannot overcome it will experience work family conflict. The purpose of this study was to look at the role of work family conflict on work stress on female nurses in Hospital X. This study used a quantitative approach with a simple linear regression method. Data obtained based on primary data through questionnaires. Work family conflict while stress measurement tool uses multidimensional scale of work / family conflict while stress measurement tool uses job stress scale. The research subjects were 82 nurses with criteria: women who worked as nurses, women who were married or had been married, and had children. Data retrieval was carried out starting on May 7, 2019 until May 10, 2019. Based on the results of this study indicate that work family conflict has a positive and significant role on work stress, with a R2 value of 39.8% and t = 7.280 with p <0, 05.

Keywords: Work Family Conflict, Job Stress, Nurse