

ABSTRACT

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The Relationship of Social Support with Psychological Well-Being in Early Adult Undergraduate Medical Students; Niken Widi Astuti, M.Si., Psi. dan Dra. Ninawati, M. M. Bachelor of Psychology, Tarumanagara University, (ixiv; 59 pages, R1-R5, Appdx 1-31)

Psychological well-being is one thing that needs to be considered at all times. Psychological well-being is a set of positive psychological human functioning by accepting oneself, have positive relationship with others, autonomy, environmental mastery, purpose in life, and personal growth. Social support can maintain individual's psychological well-being to stay well. Social support is provide comfort, attention, and assistance from others to individual so she/he feels loved and valuable. This study aims to determine the relationship of social support with psychological well-being in medical students. The subjects were 420 undergraduate medical students aged 18-21 years old and studied in Jakarta. This study was quantitative research with non-experimental design. The retrieval of data was using social support questionnaire by Cohen and Hoberman, while psychological well-being questionnaire by Ryff. This study was using convenience sampling technique. The results of this study shows that social support has a significant positive relationship with psychological well-being with $r = 0.526$, $p = 0.000 < 0.05$, so that the higher social support, the higher psychological well-being of medical students.

Keywords: social support, psychological well-being, undergraduate medical students, early adult