

ABSTRACT

Patricia Sarlin Gozali (705150093)

The Self-Acceptance of Elderly that Deposited by Their Family to Live in Nursing Home; Meiske Yunitree Suparman, S. Psi., M. Psi., Psikolog; Bachelor Degree of Psychology, Tarumanagara University (i-xii; 94 Pages; R1-R2; Appdx 1-11)

A condition when someone may accept their own self maturely and can solve their own problem in a right way called as self-acceptance (Bastaman, 2007). Self-acceptance is an important thing for the elderly because elderly who not achieved self-acceptance causes stress that may lead to physically or psychological health. Therefore, the purpose of this research is to know the factors or elements that affect self-acceptance on elderly that deposited by their own family to live in nursing home and to provide the description of elderly self- acceptance who deposited by their own family to live in nursing home. This is a descriptive qualitative research that using semi-structured interview and observation methods. The sampling technique that used on this research is purposive sampling. The subject of this research is three elderly woman who live in one of the nursing homes at west Jakarta that categorized as young old elderly with age between 65 to 74 year old. The result of this research is the three subjects can show a number of self-acceptance characteristics with a good level. The self-acceptance that achieved by the three subjects were caused by some factors or elements, such as, there is an impulse that received and affect to the subject, a balance between behavior and perception on new relationship, a new point of view about reality, and a new plan that more satisfying.

Keywords: Self-Acceptance, Elderly, Family, and Nursing Home